

VIDYA BHAWAN BALIKA VIDYAPEETH

STUDY MATERIAL SCIENCE

CLASS-VI

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Teacher : Poonam Kumari

▶ Food : Where does it Come from EXERCISE : NCERT

Food From Plants:

Green plants are known as producers because they prepare their own food. They use light, air (carbon dioxide), water, and chlorophyll (present in their leaves) to prepare their food by the process of photosynthesis.

Different plant parts serve as sources of food for us. Fruits, vegetables, cereals, and pulses that we eat are obtained from different parts of a plant.

- Roots of plants like carrot, radish, turnip, sweet potato, & beetroot are eaten (Fig. 1.1).

